



# Thrive at Home. It takes a Village!

Be part of a growing movement that empowers older adults to remain in charge of their lives as they age. If you're aging at home, staying connected to your community is absolutely critical to both your physical and mental health. It doesn't matter whether you own a house, rent a condo, live in an apartment, or something else, if you're age 60+, still active and like being social, AgingNext Village might be perfect for you.

## About the program:

The Village is a member-based group of older adults helping each other throughout the aging-at-home journey. Whether you're newly retired, recently moved, had a big life event such as losing a spouse, or simply looking for new friends to get social with, the Village could be a good fit.

# Who is eligible?

Our AgingNext Village welcomes active adults, age 60+, looking for a safe, fun outlet to be social and get support from like-minded people along their aging-at-home journey. We've found that seniors who join earlier reap the biggest rewards, so we highly recommend becoming a member as soon as you make the decision to age at home.

Live well. Age well.



#### How it works:

Once you're a member of the Village, you immediately gain access to a whole new world filled with fun social outings, new friendships, educational speakers, local trips, book clubs, discussion groups and so much more. In addition, the Village offers services such as rides, a handyman, tech help, etc. If and when you need these services, our Village volunteers are ready to provide extra assistance with tasks that are no longer as easy as they once were. Membership dues are affordable and only used to support the day-to-day operation of the Village.

Are you ready to join the Village? Do you know someone who wants to age at home? We'd love to talk to you about how AgingNext Village can help! Call 909.621.9900 today.

### Who benefits:

**From lasting friendships**, to a variety of fun activities, to getting help in a way that makes you feel supported yet independent, AgingNext Village is built to help active seniors thrive in their own home in the community they love.

### Service area:

Claremont, La Verne, Pomona, Rancho Cucamonga, San Dimas, and Upland



Joining the Village is the best thing I've done for myself.

- Village member

Get ready to live your best life! Connect with us, call - 909.621.9900.